



# Ambrose Avenue Practice Notes



**Compiled by the Patient Participation Group for support members**

**February 2018**

**Issue 17**

## Get updates on the big local health issues

Here is your chance to get all the latest on the health issues we all face .... and ask the questions that you want answered.

Your patient group has invited three key people to its annual meeting on Monday March 12 at Tollgate Surgery and we want you to join us. Normally you receive this newsletter with information but, just this once, we are arranging a public evening.

Starting at 6.30pm our guests will tackle:

The latest on the merger of Colchester and Ipswich hospitals

Explaining current developments in community health services.

Answer all your questions about treatment at the private Colchester Oaks Hospital.

In addition you can hear at first hand what the Patient Participation Group has been doing in the past year and meet those who meet each month to work with the surgeries on new developments, staff changes, issues of concern and ways we can assist the Practice in liaising with all its patients.

## Flu jabs are still available at both surgeries

Patients who have missed out the flu jab can still receive their vaccinations.

Simply call at reception any time after 11am to make arrangements.

You are reminded that free jabs are available to those: 65 years old or over; who are pregnant; have a serious medical condition; are the main carer for an elderly or disabled person whose welfare may be at risk if you fall ill; are the parent of a child who is over six months old and has a long-term condition and are a frontline health or social care worker. If in doubt, please check with the reception staff at either surgery ... but after 11am.

## Talking to patients visiting the surgeries

Members of the Patient Participation Group will be at both Ambrose and Tollgate surgeries on Monday February 26. The sessions are organised so we can speak to patients about what is going on in the surgeries. Please take the opportunity to have a word with us.

**Any comments, queries, praise or criticism to Patient Participation Group secretary Ray Hardisty on 07434 309261 or at [ray.hardisty@btopenworld.com](mailto:ray.hardisty@btopenworld.com)**