



Ambrose Avenue Practice Notes



Compiled by the Patient Participation Group for support members

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Issue 16

Flu jabs are still available at both surgeries

Patients who missed out on the annual Flu Day can still receive their vaccinations.

Simply call at reception any time after 11am to make arrangements.

You are reminded that free jabs are available to those: 65 years old or over; who are pregnant; have a serious medical condition; are the main carer for an elderly or disabled person whose welfare may be at risk if you fall ill; are the parent of a child who is over six months old and has a long-term condition and are a frontline health or social care worker. If in doubt, please check with the reception staff at either surgery after 11am.

Take advantage of free annual medications check

Your fellow patients on the patient group wish to remind you that free annual checks on your medication are available from all local pharmacies.

The pharmacist will go through your prescriptions, make sure you understand why you are taking items and that you are taking them as prescribed.

Talking to patients at our regular outreach sessions, we understand there is often confusion about tablets, particularly if prescriptions are long standing.

At the same time people seem to pick up items they rarely take and, instead of stockpiling them, it could be best to remove them from repeat prescriptions.

Request to mums visiting Tollgate with children

Mothers taking youngsters to Tollgate are advised to put a book or some paper and colouring pencils in their bag to keep them amused in case of delays. Latest health and safety rules make it difficult for the surgery to provide them.

Talking to patients visiting the surgeries

Members of the Patient Participation Group will be at both Ambrose and Tollgate surgeries on Thursday November 23. The sessions are organised so we can speak to patients about what is going on in the surgeries.

Sometimes we can help with signposting and advice. Other times we are told something that we can follow up with the management team. Whatever, please do have a word with your fellow group members.

Any comments, queries, praise or criticism to Patient Participation Group secretary Ray Hardisty on 07434 309261 or at ray.hardisty@btopenworld.com