



Quickly get the care you need

Submit your request online to:

- get help for medical problems
- ask for sick notes or update details
- all requests go straight to the triage team
- no more queuing on the phone
- and much, much more

Get started with
Anima in 2 minutes:



Or visit:

<https://patients.animahealth.com>



What is Anima?

You can use Anima to submit any non-urgent requests to your practice from your phone, tablet, or computer. Your practice will review your request and ensure you get the care you need.

This means you don't always need to call or visit the practice to get help.

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